

St. Vincent de Paul Friends of the Poor 5km run/walk

Race date/time: Saturday, September 24, 2022, 9 am for the run, 10am for the walk

Race location: Registration at St. Vincent de Paul Thrift Store, 9151 Glacier Highway, run starts across the street.

Race contact: Dave Ringle (907-321-7026) Proceeds benefit: **St. Vincent de Paul of Juneau**

Race description: Run starts across the street from the Thrift Store, heads down Berners to Radcliff to the Airport dike trail. Turn around will be 1.5km from the start. The walk will be from the Thrift Store to the Teal Street Shelter at 10am.

Distance: 5km Walk

Cost: Youth (18 and under) \$5, Adults \$20, cash, credit or check (made out to SVDP)
pay online at svdpjuneau.org (donate button) or by card at sign up.

JTRR MEMBER: YES NO (If yes, you don't need to complete phone or address fields)

FIRST and LAST NAME: _____

GENDER: Male Female **AGE as of 7/12021:** _____ **PHONE:(_____)** _____

E-MAIL ADDRESS: _____

MAILING ADDRESS: _____

CITY: _____ **STATE:** _____ **ZIP:** _____

Emergency Contact: _____ **Phone Number:(_____)** _____

WAIVER: I know that running a road and/or trail race is a potentially hazardous activity, which could cause injury or death. I will not enter and participate unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, and am in good health, and I am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I attest that I have read the rules of the race and agree to abide by them. I assume all risks associated with running in this event, including but not limited to: falls, physical contact with other participants, volunteers, race personnel, contract service providers, employees, and spectators including the potential contraction of a communicable disease resulting from contact with other participants, volunteers, race personnel, contract service providers, employees, and spectators. I assume all risks including: the effects of the weather; high heat and/or humidity; freezing cold temperatures; traffic and the conditions of the road and/or trail including surrounding terrain. I further agree to abide by the Center for Disease Control's (CDC) recommendations for the prevention of the spread of the 2019 Novel Coronavirus Disease (COVID-19) and other communicable diseases, and I attest to having read the CDC's guidance at: <https://www.cdc.gov/coronavirus/2019-ncov/prepare/prevention.html>. I assume all such risks being known, appreciated, and accepted by me.

I understand that bicycles, skateboards, baby joggers/strollers, roller skates or inline skates, animals, and personal music players are not allowed in the race, and I will abide by all race rules. Having read this waiver and knowing these facts and inconsideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Juneau Trail and Road Runners, the state of Alaska, the City and Borough of Juneau, and St Vincent de Paul of Juneau, all event sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. In addition, I acknowledge the contagious nature of COVID-19 and other communicable diseases and voluntarily assume the risk that I may be exposed to or infected by COVID-19 and/or other communicable diseases by participating in this event. I acknowledge that such exposure or infection may result in personal injury, illness, permanent disability, and/or death. I understand that the risk of becoming exposed to or infected by COVID-19 in connection with my participation in this event and personally assume this risk.

I grant permission to all of the foregoing to use my photographs, motion pictures, recordings or any other record of this event for any legitimate purposes. I understand that this event does not provide for refunds in the event of a cancelation, and by signing this waiver, I consent that I am not entitled to a refund if the event is canceled before or during the event.

Signature of entrant: _____ **Date:** _____

Signature of parent or guardian if under 18: _____

*For race officials only

BIB NUMBER